

Trainingsplan Wintersaison 2017/2018

Montag

Dienstag

Mittwoch

Donnerstag

Freitag

Samstag

Samstag
Tim

Samstag
Jochen

10:00 - 11:00							
11:00 - 12:00						11.30 - 12.30 Gabor, Aylin, Emma, Maximilian; Henning	
12:00 - 13:00						12.30-13.30 Rafael, Santiago, Aarin, Maxwell, Leon	
13:00 - 14.00						13.30-14.30 Pauline, Annabell, Emilia	
14:00 - 15.00					Amira, Maya, Louise		Ballschule 45 Min Romina, Basti, Roman
15:00 - 16.00			Option Einzelstunde		Marc, Romeo, Luis	Linus, Monte	Ballschule 45 Min Amiya, Nils, Nick, Ritu
16:00 - 17.00			Coline, Tamara		Matthias, Marie, Lilli, Timo		15.30 - 16.30 Marleen, Nina. Elisabeth
17:00 - 18.00			Pia, Helena + Rotierend Philip, Max, Etienne		Gwendolyn, Maxime, Lea	Mika, Arne, Collin, Milan	
18:00 - 19.00			Simon, Vincent, Fynn				Joseph, Ron, Danilo
19:00 - 20.00					Philip, Etienne, Max		Inesh, Gereon, Jana, Adrian
20:00 - 20:30			Tim, Jan-Pepe, Justin, Jonas (2er Training)				
20:30 - 21:00					Erwachsenentraining		

Waldhaus

Mönchsberghalle

Multihalle Rot